

THE CULINARY

Playground



Cream Cheese Yogurt Dip for Fruit Skewers

4 oz 1/3 less fat cream cheese, softened
1 cup fat free Greek yogurt
1 tsp vanilla
1/4 cup raw sugar

In a medium bowl, combine the cream cheese with yogurt, vanilla and sugar.
Mix well until sugar dissolves.

Using a skewer, thread washed fruit of your choice; strawberries, bananas, blueberries, raspberries, kiwi, melon and Angel Food Cake.

Serve fruit skewers alongside Dip.

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16 MANNING STREET, DERRY, NH
WWW.CULINARY-PLAYGROUND.COM