

Layered Hummus Dip

- 2 T chopped kalamata olives
- 2 T chopped roasted red peppers
- 2 T canned chopped tomatoes
- 1/2 T olive oil
- 1/2 (7oz) container plain hummus
- 1/4 cup crumbled feta cheese

Preheat oven 350 degrees.

In a small bowl combine olives, red peppers, tomatoes and olive oil, toss gently.

Spread hummus on the bottom of a small round or square baking dish. Dollop olive mixture on top. Sprinkle with feta cheese.

Bake for 15 minutes.

Toasted Pita Chips

- pita rounds
- sea salt
- Olive oil cooking spray, or extra-virgin olive oil

Preheat oven to 375 degrees.

Cut pitas into 8 triangles each. Separate each triangle into 2 halves at the fold. Arrange, rough side up, on a baking sheet, in a single layer. Spritz lightly with cooking spray or brush lightly with oil. Sprinkle with salt.

Bake until crisp and golden, 6-8 minutes.