

THE CULINARY

Playground



Waldorf Salad

serves 2

1 T mayonnaise

1 T vanilla yogurt

½ T lemon juice

¼ t salt

⅛ t pepper

a few handfuls of fresh greens or a few leaves of bibb lettuce

½ apple, chopped

½ c grapes, green or red (cut in half if large)

¼ c celery, chopped

2 T toasted walnuts

In a medium bowl whisk mayo, lemon juice, salt and pepper.

Add apple, grapes, celery, walnuts and gently toss.

Lay greens on a plate and pile apple mixture on top,
or use bibb lettuce leaves as a “cup” and fill with salad.